IGNITE.
INSPIRE.
INNOVATE.

TAKING PALLIATIVE CARE TO THE NEXT LEVEL

#cccd16
### SCHEDULE: THURSDAY, MAY 12, 2016

<table>
<thead>
<tr>
<th>TIME</th>
<th>ACTIVITY</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>8 a.m.–4:45 p.m.</td>
<td>EXHIBITS</td>
<td>Bay Laurel Foyer</td>
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<tr>
<td>8–8:30 a.m.</td>
<td>REGISTRATION &amp; CONTINENTAL BREAKFAST</td>
<td>Bamboo Garden</td>
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<tr>
<td>8:30–8:45 a.m.</td>
<td><strong>GENERAL SESSION:</strong> Setting the Stage: Making the Most of These Two Days&lt;br&gt;Judy Thomas, JD, Coalition for Compassionate Care of California</td>
<td>Bay Laurel Ballroom</td>
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<tr>
<td>8:45–10 a.m.</td>
<td><strong>KEYNOTE:</strong> Let Patients Help: How doctors, nurses, patients and caregivers can partner for better care&lt;br&gt;“e-Patient” Dave deBronkart, author and patient engagement advocate</td>
<td>Bay Laurel Ballroom</td>
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<tr>
<td>10–10:15 a.m.</td>
<td>BREAK</td>
<td>Bamboo Garden</td>
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<tr>
<td>10:15–11:15 a.m.</td>
<td><strong>BREAKOUT SESSIONS</strong> (choose one; see Pages 6-7 for details)</td>
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<td></td>
<td><strong>What Gives Your Life Meaning: A young adult-focused palliative care campaign</strong> [Bay Laurel 1-2]</td>
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<td><strong>Delivering Palliative Care Across the Continuum: A patient-focused healthcare system’s story</strong> [Bay Laurel 3-4]</td>
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<td><strong>DASH: Innovative Urgent Care Services at Home</strong> [Sequoia 1-2]</td>
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<td><strong>Are You Being Served? Addressing the medically underserved in our community</strong> [Sequoia 3-4]</td>
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<td><strong>Effective Integration of Spirituality in Palliative Care</strong> [Torrey Pines-3rd Floor]</td>
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<td><strong>Deconstructing Diversity: Focus on LGBTQ inclusion</strong> [The Wine Cellar]</td>
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<td>11:30 a.m.–12:15 p.m.</td>
<td>LUNCH</td>
<td>Bamboo Garden</td>
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<tr>
<td>12:15–1:15 p.m.</td>
<td><strong>GENERAL SESSION:</strong> The 10-Year Roadmap: Taking palliative care to the next level&lt;br&gt;Judy Thomas, JD, Coalition for Compassionate Care of California</td>
<td>Bay Laurel Ballroom</td>
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<tr>
<td>1:15–2:30 p.m.</td>
<td><strong>PANEL:</strong> Payer-Provider Experiences: Challenges in providing access to community-based palliative care&lt;br&gt;Robert Moore, MD, MPH, Partnership HealthPlan of California&lt;br&gt;Linda Gibson, BSN, MBA, Collabria Care&lt;br&gt;Gwendolyn Kaltoft, RN, EdD, Yolo Hospice/YoloCARE&lt;br&gt;Torrie Fields, MPH, Blue Shield of California&lt;br&gt;Brook Calton, MD, MHS, University of California, San Francisco&lt;br&gt;David Zwicky, FACHE, Hospice by the Bay</td>
<td>Bay Laurel Ballroom</td>
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<tr>
<td>2:30–2:45 p.m.</td>
<td>BREAK</td>
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<td>2:45–3:30 p.m.</td>
<td><strong>OFFICE HOURS</strong> (see Page 9 for details)</td>
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<td>3:30–3:45 p.m.</td>
<td>BREAK</td>
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<td>3:45–4:45 p.m.</td>
<td><strong>GENERAL SESSION:</strong> Technology &amp; Advance Care Planning: A scalable catalyst for change&lt;br&gt;Aretha Delight Davis, MD, JD, co-founder and director of ACP Decisions</td>
<td>Bay Laurel Ballroom</td>
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<tr>
<td>4:45–6 p.m.</td>
<td><strong>RECEPTION &amp; PALLIATIVE CARE ACCESS PROJECT POSTER SESSION</strong></td>
<td>Bamboo Garden</td>
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**Blending Alternative Pain & Symptom Management with Traditional Pediatric Palliative Care** (Bay Laurel Ballroom)
### SCHEDULE: FRIDAY, MAY 13, 2016

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<th>TIME</th>
<th>ACTIVITY</th>
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<tr>
<td>8 a.m.–4:15 p.m.</td>
<td>EXHIBITS</td>
<td>Bay Laurel Foyer</td>
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<tr>
<td>8–8:30 a.m.</td>
<td>REGISTRATION &amp; CONTINENTAL BREAKFAST</td>
<td>Bamboo Garden</td>
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<td>8:30–9:15 a.m.</td>
<td><strong>GENERAL SESSION:</strong> How Palliative Care Fits into Trends in Health Care</td>
<td>Bay Laurel Ballroom</td>
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<td>Sandra Hernández, MD, California Health Care Foundation</td>
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<td>9:15–10:15 a.m.</td>
<td><strong>KEYNOTE:</strong> The Dream of a Common Language: A shared reality for patients and medical teams</td>
<td>Bay Laurel Ballroom</td>
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<td>Katy Butler, writer, author and teacher</td>
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<tr>
<td>10:15–10:30 a.m.</td>
<td>BREAK</td>
<td>Bamboo Garden</td>
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<tr>
<td>10:30–11:30 a.m.</td>
<td><strong>PANEL:</strong> ACP and PAD: How physician aid-in-dying will (or won’t) change our conversations</td>
<td>Bay Laurel Ballroom</td>
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<td>Jennifer Ballentine, MA, The Iris Project</td>
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<td>Nathan Fairman, MD, MPH, UC Davis Department of Psychiatry</td>
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<td>Karl Steinberg, MD, CMD, HMDC, Hospice by the Sea</td>
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<td>11:30 a.m.–12:15 p.m.</td>
<td><strong>OFFICE HOURS</strong> (see Page 9 for details)</td>
<td>Bay Laurel Ballroom</td>
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<tr>
<td>12:15–1:30 p.m.</td>
<td><strong>LEADERSHIP AWARDS LUNCH CELEBRATION</strong></td>
<td>Bay Laurel Ballroom</td>
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<td>1:30–2:45 p.m.</td>
<td><strong>BREAKOUT SESSIONS</strong> [choose one; see Pages 7-8 for details]</td>
<td>Bay Laurel Ballroom</td>
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<td>Implementing Community-Based Palliative Care in a Managed Care Environment [Bay Laurel 1-2]</td>
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<td>Palliative Care: Between patient autonomy and physician responsibility [Bay Laurel 3-4]</td>
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<td>Palliative Care in Skilled Nursing [Sequoia 1-2]</td>
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<td>Building Palliative Care: Organization and people first, clinical second [Sequoia 3-4]</td>
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<td>Being Mortal: Using Atul Gawande’s FRONLINE film to spark community advance care planning [Torrey Pines–3rd Floor]</td>
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<td>The Family Perspective: Interactive Q &amp; A with adolescents living with a life-threatening condition and their caregiving parents [The Wine Cellar]</td>
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<td>2:45–3 p.m.</td>
<td><strong>MUSICAL INTERLUDE:</strong> Threshold Choir of Orange County</td>
<td>Bay Laurel Ballroom</td>
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<td>3–4 p.m.</td>
<td><strong>GENERAL SESSION:</strong> Ethical Communication: What is it and how do I practice it?</td>
<td>Bay Laurel Ballroom</td>
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<td>G. Jay Westbrook, RN, MS, CHPN, Compassionate Journey</td>
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<td>4–4:15 p.m.</td>
<td><strong>CLOSING</strong></td>
<td>Bay Laurel Ballroom</td>
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**JOIN THE SUMMIT CONVERSATION ON TWITTER**
Follow @COALITIONCCC and the speakers featured in this program. Tag your tweets with #cccc16 to join the 2016 Summit conversation.
Get ready to be inspired—you never know what may ignite your next great idea!

This year, the Coalition for Compassionate Care of California unveiled a 10-year vision to ignite and inspire conversations about serious illness… to develop programs that help people think and talk about what types of care they would want in the face of serious illness … and to ensure that people’s choices are recognized and honored.

This 10-year vision travels far beyond the border of California, and we want you to be part of it.

We’ve purposely structured the next two days not as a “conference” where like-minded people attend educational sessions, but rather as a Summit where a diverse group of clinicians, patients, policymakers, researchers and payers come together to collaborate as equals, share ideas and work together to take palliative care to the next level.

Much like palliative care, this Summit is structured so that in-depth research and education on clinical best practices are valued just as much as the opportunity to connect with fellow attendees through interactive round tables and one-on-one discussions. And for the first time, we are welcoming members of the engaged and empowered patient community—health consumers who have demonstrated leadership in their patient or caregiver roles—to participate as equal partners in shaping this vision.

This collaborative philosophy is what makes our Summit so unique—you are a key reason the rest of the country looks to California for inspiration in palliative care.

Judy Thomas, JD
Chief Executive Officer, Coalition for Compassionate Care of California
@JudyThomasJD

The Coalition for Compassionate Care of California promotes high-quality, compassionate care for all who are seriously ill or nearing the end of life. Our goal is to transform healthcare so that medical care is aligned with individual patient preferences—that people get the care they need and no less, and the care they want and no more.
WELCOME

Objectives
Over the next two days you will learn how to:

- Understand the role technology can play in end-of-life care, and discuss
  guiding principles of technology and end-of-life care
- Articulate three examples of unethical communication and employ the
  major principles of ethical communication
- Identify the five biggest blocks to ethical communication
- Describe the provisions of the End of Life Option Act and its relationship
  to advance care planning
- Explore possible implications of physician “aid-in-dying” for advance
  care planning conversations and begin to develop recommendations,
  guidelines or best practices for incorporating this content in advance care
  planning conversations
- Describe ways that families, patients and doctors can misunderstand
  each other’s language
- Recognize three often-used medical words or phrases, intended to
  address prognosis and goals of care, that families may interpret as
  confusing or abandoning
- Describe the disconnect between the hopes created by World War II era
  medical advances and the conditions faced by older patients today

Presentations
Slides from select presentations will be available for download after the Summit at
CCCCsummit.org. Please allow up to one week for all presentations to be posted.

Photos
Photos from the Summit will be posted to Facebook.com/CoalitionCCC.

Summit Wi-Fi
- Log on to: Fairmont_Meeting network
- Open an Internet browser on your computer.
- Enter the password: CCCCSummit
- The access code is valid for 3 days after login.

A place at the table for pediatrics
I’m so excited to welcome you to CCCC’s 8th Annual Summit! This is the pediatric palliative
care conference you’ve been waiting for!

For years, the Children’s Hospice & Palliative Care Coalition talked about the need for a
statewide pediatric palliative care summit where we can learn from one another, share
ideas and network. Now through our partnership with the Coalition for Compassionate
Care of California, we are making it happen!

Look for the purple lettering or kites throughout this program to easily find all sessions fea-
turing highly-relevant topics for those who work with children, adolescents and young adults
or are interested in learning about how to build a palliative care program to support chil-
dren in your community.

Devon Dabbs
Vice President,
Pediatric Programming & Education
@DevonDabbs

P.S. Are you tweeting? Add #PedPC to your tweets to reach the global pediatric palliative
care community!

Wi Fi SPONSOR: Health-e-MedRecord
Thursday, May 12, 2016

8:30-8:45 A.M.
GENERAL SESSION
Setting the Stage:
Making the most of these two days
Judy Thomas, JD, Coalition for Compassionate Care of California

8:45-10 A.M.
KEYNOTE
Let Patients Help: How doctors, nurses, patients and caregivers can partner for better care
“e-Patient” Dave deBronkart, patient advocate and author
e-Patient Dave chose his slogan – “Let patients help” – carefully. It’s not that doctors are bad or health care corrupt. Rather his message is about enabling, empowering, engaging and equipping patients to play an active role in their health care. e-Patient Dave believes that rich conversations await us as patients and providers alike shift away from the paternalistic past and toward the shared responsibilities of participatory medicine.

10:15-11:30 A.M.
BREAKOUT SESSIONS
What Gives Your Life Meaning:
A young adult-focused palliative care campaign
Sharon Hamill, PhD, Veronica Anover, PhD, Rocio Guillon-Castrillo, PhD, Colleen Moss, PhD, Catherine A. Matsumoto, PhD, Caroline Boaz, RN, MSN, ACNS-BC, ACHPN, and Eileen Piersa, MS, MA, CSU San Marcos
Learn how CSU San Marcos took up the challenge of educating its students through the “What Gives Your Life Meaning” campaign, a six-week campus-wide campaign designed to increase students’ knowledge of palliative care and advance care planning. Presenters will also outline the steps to engage emerging adults in discussions about end-of-life care.

Delivering Palliative Care Across the Continuum:
A patient-focused healthcare system’s story
Lorellen Green, MD, MemorialCare Medical Group; Louise Della Bella, RN, MN, ACNS-BC, NEA-BC; and Oswald Jauwena, NP, Saddleback Memorial Medical Center
Hear how MemorialCare Health System in Southern California is transforming its palliative care services. The program now offers services across the entire continuum of care, including a palliative care at-home program serving patients of south Orange County. MemorialCare looked at other successful programs in the region and then worked to educate all levels of the organization, from direct practitioners in the hospital to medical offices in the community.

DASH: Innovative urgent care services at home
Jeanne West, RN, MHA, Doctors Assisting Seniors at Home (DASH)
In California as well as nationwide, statistics reveal that seniors often use hospital emergency rooms (ER) for what is considered routine or urgent care. Doctors Assisting Seniors at Home (DASH), a program funded by the Affordable Care Act, has decreased ER visits by an astounding 40% among the older adults it serves! Learn how the DASH program has made a dramatic improvement in the lives of seniors, often avoiding a health crisis, by facilitating better care and better health.

Are You Being Served? Addressing the medically underserved in our community
Michael Demoratz, PhD, LCSW, CCM
Frequently, our western-based approach to healthcare delivery is “one-size fits all.” We will explore how we can expand access to quality end-of-life care to the medically underserved, culturally diverse populations with specially tailored messaging. It begins with information on advance care planning and patient/family goals of care in a culturally sensitive and linguistically accurate manner. This makes it possible to move forward with aligning treatment plans with patient and family expectations for care.

Effective Integration of Spirituality in Palliative Care
Stephen Peterson, MDiv, Seasons Hospice & Palliative Care of LA; Donald Koepke, MDiv, BCC, California Lutheran Homes; and Cordula Dick-Muehlke, PhD, Cordula Cares
We are becoming increasingly aware of the important role spirituality can play in the well-being of older adults. This workshop will provide a view of spirituality that can be used by all practitioners with all patients – religious or non-religious, cognitively aware or challenged, as well as adherents of all faith traditions. Presenters will explore the potential for spiritual growth that can come with aging and coping with serious illness, and will challenge participants to rethink their own views about spirituality and older adulthood.

Deconstructing Diversity: Focus on LGBTQ inclusion
Tim Vincent, MS, California Prevention Training Center
Explore key issues related to diversity that impact the provision of care in, and management of, long-term care facilities. Recognizing that diversity can include many factors, such as race, ethnicity, sexual orientation, gender identity, religion, and more, this interactive session will offer recommendations to improve the management of staff and improve the care of residents in this changing culture. This workshop will focus specifically on considerations for building knowledge, skill and sensitivity to provide care for LGBTQ (lesbian, gay, bisexual, transgender, queer) community members.
Blending Alternative Pain & Symptom Management with Traditional Pediatric Palliative Care

David Sine, MD, Valley Children's Hospital, Tulare Pediatric Hospice and Hinds Hospice Pediatric Program

This workshop will examine recent clinical data and family testimonials regarding the use of various alternative treatments including CBD/THC blends and their increasing potential in pediatric palliative care. It will also explore the pharmaceutical and legal issues related to accessing these medications.

12:15-1:15 P.M. GENERAL SESSION
The 10-Year Roadmap: Taking palliative care to the next level
Judy Thomas, JD, Coalition for Compassionate Care of California

A look at the current status of palliative care and advance care planning in California and CCCC’s 10-year vision for creating the future we all want.

1:15-2:30 P.M. PANEL
Payer-Provider Experiences: Challenges in providing access to community-based palliative care
Robert Moore, MD, MPH, Partnership HealthPlan of California; Linda Gibson, BSN, MBA, Collabria Care; Gwendolyn Kaltoft, RN, EdD, Yolo Hospice/YoloCARE; Torrie Fields, MPH, Blue Shield of California; Brook Calton, MD, MHS, University of California, San Francisco; and David Zwicky, FACHE, Hospice by the Bay

Payers and providers are figuring out how to create the best model to provide access to quality community-based palliative care. In this panel you will learn about initiatives to bring palliative care to both Medi-Cal (through SB 1004) and commercially-insured patients.

2:45-3:30 P.M. OFFICE HOURS
See page 9 for details

3:45-4:45 P.M. GENERAL SESSION
Technology & Advance Care Planning: A scalable catalyst for change
Aretha Delight Davis, JD, MD, ACP Decisions

Technology has played a role in revolutions and social movements throughout the U.S. and around the world. Within this context, Dr. Davis will explore the role of technology in medical decision making and end-of-life care, discussing guiding principles, building blocks, outreach to different constituencies and barriers we’ll face in the years to come.
Friday, May 13, 2016 (continued)

1:30-2:45 P.M.
BREAKOUT SESSIONS
Implementing Community-Based Palliative Care in a Managed Care Environment
Jill Mendlen, LightBridge Hospice; and Marvin Gordon, MD, Health Net of California
LightBridge and Health Net have worked together to develop a community-based palliative care program for Health Net’s most clinically complex members. Hear how community-based palliative care is being provided to a select group of Health Net’s sickest, most expensive and often most marginalized members living in the San Diego region. Presenters will discuss contract development, patient identification, tracking of metrics and the operational approach required to achieve successful communication and program operations within the managed care provider relationship.

Palliative Care: Between patient autonomy and clinician responsibility
Alain P. Durocher, PhD, and Sarah J. Lee, MD, Kaiser Permanente – Downey
As clinicians, we tend to “present the facts” to patients with the goal of giving patients freedom to choose their own goals of care and treatment preferences. Based on real case studies, this session will address how two major ethical principles clash with one another and interfere with this concept when considering palliative care.

Palliative Care in Skilled Nursing
Shelly R. Garone, MD, FACP, Kaiser Permanente – North Sacramento Valley
While the goal of skilled nursing care is to maintain residents’ mental and physical function, learn how many of the principles and practices of palliative care are compatible with this goal and can be incorporated into nursing care. These include advance care planning, pain and symptom management, attention to emotional and spiritual well-being, and support to families.

Building Palliative Care: Organization and people first, clinical second
Helen McNeal, BBA, CSU Institute for Palliative Care
Whether you are an MD, RN or administrator, if your organization is looking at palliative care or trying to make it work, join this session for a guided tour of what it takes to build a successful program. Using the Palliative Care Roadmap, we’ll walk you through what you need to develop your own plan for success. This session will give you the tools to build your program to maximize success … and minimize stress.

Being Mortal: Using Being Mortal to spark community advance care planning
Julie Boudreau, advance care planning community engagement specialist; Veva Arroyo, Sharp Palliative & Hospice Care; and Pauline Le, MSW, Family Caregiver Resource Center
In 2015, a documentary based on Atul Gawande’s best-seller Being Mortal aired on public television stations nationwide. Following this showing, the California Health Care Foundation and the John and Wauna Harman Foundation funded 39 local organizations across California to host community screenings of the documentary. Learn about this exciting project including audience reactions and connecting with underserved communities. Plus, find out about holding a Being Mortal screening in your community.

The Family Perspective: Interactive Q&A with adolescents living with a life-threatening condition and their caregiving parents
Anna & Debra Zeldin, and Michael & Rachel Goldring
In order to serve families best, we must know what is important to them. This workshop is a unique opportunity to intimately interact with a panel of adolescents living with life-threatening conditions and their caregiving parents. Participants will be able to ask questions of the panel in a safe, supportive and non-judgmental environment.

Building Confidence Levels for Adult-Trained Nurses Caring for Children
Sandee Wishon, RN, MS, CHPN, Hospice by the Bay/By the Bay Kids
Providing hospice services to children in adult-focused programs can be challenging. This session will focus on ways to build confidence, competency and comfort levels from both an agency and staff point of view, and discuss the rewards and challenges of caring for children and their families at the end of life.

2:45-3 P.M.
MUSIC
Threshold Choir, Orange County Chapter
See page 12 for details

3-4 P.M.
GENERAL SESSION
Ethical Communication: What is it and how do I practice it?
G. Jay Westbrook, RN, MS, CHPN, Compassionate Journey
While many clinicians have learned the basics of communication, few have learned the Principles of Ethical Communication. Using case studies and humor, Mr. Westbrook will show how to quickly establish trust and rapport; minimize defensive reactions; avoid patient manipulation based on clinician biases; respond in, rather than react to, a situation; improve clinical outcomes; and increase patient satisfaction.
Bring questions. Get answers. Consult with experts on a variety of topics.

Take advantage of this unique opportunity to meet one-on-one with experts and get answers to your most pressing questions.

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<tr>
<td>May 12 2:45–3:30 p.m.</td>
<td>Donate Life</td>
<td>Jaclyn Manzanedo, CTBS, Donor Network West</td>
<td>Bay Laurel 1-2</td>
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<td>Using Videos as Part of Advance Care Planning</td>
<td>Aretha Delight Davis, MD, JD, ACP Decisions</td>
<td>Bay Laurel 1-2</td>
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<td>Advance Care Planning Billing</td>
<td>Kelley Queale, Coalition for Compassionate Care of California</td>
<td>Bay Laurel 3-4</td>
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<td>Engaging Patients in Advance Care Planning</td>
<td>“e-Patient” Dave deBronkart, patient advocate and author</td>
<td>Bay Laurel 3-4</td>
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<td>Patients in Denial</td>
<td>Teri Collet, ACSW, LCSW, ACHP-SW, CSU Stanislaus</td>
<td>Sequoia 1-2</td>
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<td>Mediation Techniques</td>
<td>Christine Wilson, RN, JD, Tyler &amp; Wilson, LLP</td>
<td>Sequoia 1-2</td>
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<td>Working with Diverse Populations</td>
<td>Tim Vincent, MS, California Prevention Training Center</td>
<td>Sequoia 3-4</td>
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<td>Public Policy &amp; Palliative Care</td>
<td>Teri Boughton, MHA, Consultant to California’s Senate Committee on Health</td>
<td>Sequoia 3-4</td>
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<td></td>
<td>Palliative Care vs. Hospice</td>
<td>Cameron Svendsen, MSW, LCSW, Palliative Care Alliance</td>
<td>Bay Laurel Ballroom</td>
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<td>National Healthcare Decisions Day (NHDD) Efforts</td>
<td>John Tastad, SCC, Sharp HealthCare</td>
<td>Bay Laurel Ballroom</td>
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<td>Models of Payment for Pediatric Palliative Care/Building a Sustainable Pediatric Hospice Program</td>
<td>Terri Warren, Providence TrinityCare Hospice, and Sandee Wishon, RN, MS, CHPN, Hospice by the Bay</td>
<td>The Wine Cellar</td>
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<td>May 13 11:30–12:15 p.m.</td>
<td>Cognitive Decline and Advance Care Planning</td>
<td>Daniel Hoefer, MD, Sharp HealthCare</td>
<td>Bay Laurel 1-2</td>
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<td>Communications Skills For Speaking With Seriously Ill Patients</td>
<td>Lael Duncan, MD, Coalition for Compassionate Care of California</td>
<td>Bay Laurel 1-2</td>
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<td>Advance Care Planning for the Homeless</td>
<td>Delia Cortez, ICSW, and Jeannie Meyer, NP, Santa Monica-UCLA Medical Center and Orthopaedic Hospital, Kylee Harding, MPH, UCLA Health Systems</td>
<td>Bay Laurel 3-4</td>
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<td>Palliative Care Across the Continuum</td>
<td>Linda Healy, FNP, AHPN, and Joshua Hammer, MSW, MA, Motion Picture &amp; Television Fund</td>
<td>Bay Laurel 3-4</td>
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<td>Psychiatric Dimensions of Palliative Care</td>
<td>Nathan Fairman, MD, MPH, UC Davis Department of Psychiatry and Behavioral Sciences</td>
<td>Sequoia 1-2</td>
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<td>Engaging Faith Leaders</td>
<td>Julie Boudreau, Independent Healthcare Consultant</td>
<td>Sequoia 1-2</td>
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<td>Slow Medicine</td>
<td>Katy Butler, writer, author, teacher</td>
<td>Sequoia 3-4</td>
</tr>
<tr>
<td></td>
<td>Working with ACP Decisions</td>
<td>Aretha Delight Davis, MD, JD, ACP Decisions</td>
<td>Sequoia 3-4</td>
</tr>
<tr>
<td></td>
<td>Physician Aid-in-Dying</td>
<td>Jennifer Ballentine, MA, The Iris Project</td>
<td>Bay Laurel Ballroom</td>
</tr>
<tr>
<td></td>
<td>Emotion Fatigue</td>
<td>G. Jay Westbrook, RN, MS, CHPN, Compassionate Journey</td>
<td>Bay Laurel Ballroom</td>
</tr>
<tr>
<td></td>
<td>Combating Compassion Fatigue in Pediatric Providers</td>
<td>JoAnne Auger, RN, CHPN, Rady Children’s Hospital; Kimberly Bower, MD, FAAHPM, HMOD, Rady Children’s Hospital; Denise Hess, BCC-HPC, LWFT, HealthCare Chaplaincy Network and CSU Institute for Palliative Care</td>
<td>The Wine Cellar</td>
</tr>
</tbody>
</table>
Keynote Speakers

Katy Butler is an award-winning journalist and author who has written about end-of-life medicine, neuroscience and human behavior for the New Yorker, The New York Times, JAMA-Internal Medicine, Best American Essays, Best Buddhist Writing, and other leading publications. Her bestselling book, Knocking on Heaven’s Door: The Path to a Better Way of Death, a memoir of shepherding her parents through their final declines, was named “One of the 100 Notable Books of the Year (2013)” by The New York Times. An inspiring public speaker, investigative journalist and former family caregiver, she is passionate about improving end-of-life medicine and frequently gives talks on improving doctor-patient communication and creating a new “art of dying” for our high-tech age. @KatyButlerHeart

“e-Patient Dave” deBronkart is the author of Let Patients Help: A Patient Engagement Handbook and one of the world’s leading advocates for patient engagement. His writings have been published in the British Medical Journal, the Society for General Internal Medicine Forum, iHealthBeat, and the journal of the American Society for Clinical Oncology. @ePatientDave

Sandra R. Hernández, MD, has been president and CEO of the California Health Care Foundation since January 2014. CHCF is an independent foundation with assets of more than $700 million, headquartered in Oakland, California, and dedicated to improving the health of the people of California. Prior to joining CHCF, Dr. Hernández was CEO of The San Francisco Foundation, which she led for 16 years. She previously served as director of public health for the City and County of San Francisco. @SRHernandezMD

Judy Thomas, JD, is CEO of the Coalition for Compassionate Care of California, a statewide collaborative of healthcare providers, non-profit organizations and associations, state agencies and individuals working to ensure all seriously-ill Californians receive quality, compassionate care. CCCC brings together multiple organizations, often with divergent interests, to develop, implement, and promote improved health care practices and standards across the continuum of care. Thomas chairs the National POLST Paradigm Task Force and serves on the Donate Life California advisory board. In 2015, Judy was named a Practice Change Leader by the John A. Hartford Foundation. @JudyThomasJD

G. Jay Westbrook, RN, MS, CHPN, is a multiple award-winning clinician, author and speaker, as well as Visiting Faculty Scholar at Harvard Medical School, winner of the Pfizer Medical Humanities Initiative Award and recent recipient of the Pierre Salmon Award for Clinical Excellence in Care of the Dying. Mr. Westbrook has an MS in Gerontology, is a certified Grief Recovery Specialist, a credentialed Spiritual Counselor, a registered nurse, and a certified hospice and palliative nurse. He has worked at the bedside with the dying for a quarter century, in hospital-based palliative care, hospital-based pain management, community-based hospice and prison hospice. Mr. Westbrook is also Clinical Director of Compassionate Journey, an end-of-life clinical and education service.

General Session Speakers

Aretha Delight Davis, MD, JD, is co-founder and executive director of ACP Decisions, a non-profit foundation whose goal is to empower patients and families with knowledge. Prior to her medical career, Dr. Davis was a practicing attorney who advocated on behalf of Medicaid recipients and the uninsured and has had a long-standing interest in applying her legal skills for vulnerable populations to promote more patient-centered care. She received her undergraduate degree from Harvard, a law degree from the University of Pennsylvania, and a medical degree from Harvard. @Aretha_D_Davis
General Session Panelists

Jennifer Ballentine, MA, President, The Iris Project @irisprojectUS
Brook Calton, MD, MHS, Assistant Professor of Medicine, University of California, San Francisco
Nathan Fairman, MD, MPH, Assistant Professor, University of California, Davis, Department of Psychiatry and Behavioral Sciences
Torrie Fields, MPH, Senior Program Manager of Palliative Care, Blue Shield of California @TorrieKFields
Linda Gibson, BSN, MBA, President & CEO, Collabria Care @CollabriaCare
Gwendolyn Kaltoft, RN, EdD, Chief Operations and Compliance Officer, Yolo Hospice/YoloCARE
Robert Moore, MD, MPH, Chief Medical Officer, Partnership HealthPlan of California @Robert_Moore_MD
Karl Steinberg, MD, CMD, HMDC, Medical Director, Hospice by the Sea @karlsteinberg
David Zwicky, FACHE, Director of Business Strategy, Hospice by the Bay

Breakout Session Presenters

Veronica Anover, PhD, Professor in Modern Language Studies, California State University, San Marcos
Veva Arroyo, Business Development Specialist, Sharp Palliative & HospiceCare
Caroline Boaz, RN, MSN, ACNS-BC, ACHPN, Palliative Care Clinical Nurse Specialist, Sharp Chula Vista Medical Center, and Faculty, CSU San Marcos
Julie Boudreau, Advance Care Planning Community Engagement Specialist
Louise Della Bella, RN, MN, ACNS-BC, NEA-BC, Executive Director for Palliative Care, Care Management and Clinical Social Services, Saddleback Memorial Medical Center
Michael Demoratz, PhD, LCSW, CCM, HealthCare Consultant
Cordula Dick-Muehike, PhD, Principal, Cordula Cares
Alain P. Durocher, PhD, Medical Bioethics Director, Kaiser Permanente – Downey
Shelly R. Garone, MD, FACP, Palliative and Elder Care Physician, Kaiser Permanente – North Sacramento Valley
Michael Goldring, father to a young adult living with a life-threatening condition
Rachel Goldring, young adult living with a life-threatening condition, advocate for quality palliative care for all ages

Marvin Gordon, MD, Regional Medical Director, Health Net of California
Lorellen Green, MD, Medical Director of Inpatient Services, MemorialCare Medical Group
Rocio Guillen-Castraño, PhD, Professor, Computer Science and Information Systems Department, CSU San Marcos
Sharon Hamill, PhD, Professor of Psychology and Faculty Director for the CSU Institute for Palliative Care, CSU San Marcos
Oswald Jauwena, NP, Palliative Care Program Coordinator Nurse Practitioner, Saddleback Memorial Medical Center
Donald Koepke, MDiv, BCC, Director Emeritus, California Lutheran Homes Center for Spirituality and Aging
Pauline Le, MSW, Family Consultant, Family Caregiver Resource Center
Sarah J. Lee, MD, Associate Physician, Kaiser Permanente – Downey
Catherine Armas Matsumoto, PhD, Adjunct Professor, CSU San Marcos and Palomar College
Helen McNeal, BBA, Executive Director, CSU Institute for Palliative Care @HelenCSUPalCare
Jill Mendlen, President & CEO, LightBridge Hospice and Palliative Care
Colleen Moss, PhD, Educational Psychologist, CSU San Marcos
Stephen Peterson, MDiv, Chaplain and Bereavement Counselor, Seasons Hospice & Palliative Care
Eileen Piersa, MS, MA, Director for Education Operations and Campus Relations, CSU Institute for Palliative Care, CSU San Marcos
David Sine, MD, Pediatric Hospice Physician, Valley Children’s Hospital, Tulare Pediatric Hospice and Hinds Hospice Pediatric Program
Threshold Choir, Orange County Chapter
Tim Vincent, MS, Acting Manager of the National Capacity Building Program, California Prevention Training Center
Jeanne West, RN, MHA, Enrollment Coordinator, Doctors Assisting Seniors at Home (DASH)
Sandee Wishon, RN, MS, CHPN, Director of Clinical Outreach, Hospice by the Bay/By the Bay Kids
Anna Zeldin, 11-year-old student, public policy advocate with the Children’s Hospice & Palliative Care Coalition, Goodwill Ambassador for the MDA
Debra Zeldin, foster parent and advocate for the children in her care

Purple lettering = pediatric focus
Leadership Awards

The Coalition for Compassionate Care of California is proud to present the 2016 Compassionate Care Leadership Awards and the 2016 Compassionate Care Innovator Award. These awards recognize individuals and an organization that are changing the way we care for people who are seriously ill or approaching the end of life.

Organization Award
Threshold Choir

Threshold Choir sings for and with those at the threshold of life and death. A calm and focused presence, with gentle voices, simple songs, and sincere kindness helps soothe and reassure patients, family members, and caregivers facing life-threatening illnesses or nearing the end of life.

With its own unique culture and patient care delivery model, Threshold Choir contributes to the care of individuals with serious illness through bedside singing. Choir members sing softly with calming rhythms and encouraging words in an act of presence with patients and their families at a significant and challenging stage of life.

Founded in 2000 in Berkeley, California, with a group of 15 voices, the Threshold Choir has grown into a national and international network of a cappella choirs with over 120 chapters and 1,300 members. Though rooted in their local communities, each Threshold Choir chapter shares a repertoire of beautiful, meaningful, and soothing songs and a desire to provide comfort and peace to those nearing life’s threshold.

Individual Award
Gary Johanson, MD
St. Joseph Health Sonoma County and Annadel Medical Group

For over 30 years, Dr. Johanson has been an esteemed leader, caring physician and tireless community advocate for advance care planning and quality palliative care for people with serious illnesses.

A leading palliative care physician, Dr. Johanson has developed and led high-quality palliative and hospice care systems and services in Sonoma County. He is Medical Director of Palliative Care Services and Memorial Hospice at St. Joseph Health in Sonoma County, where his vision and commitment provided the inspiration and guidance for creating a palliative specialty unit and inpatient palliative care program.

Dr. Johanson is widely known as a driving force for bringing awareness of palliative care to the healthcare community. He has generously worked to educate, promote, and expand advance care planning and quality palliative care through countless trainings, presentations, and publications. He has been actively involved in Sonoma County’s Committee for Healthcare Improvement and its palliative care initiative, the Sonoma County POLST Coalition, Journey Project Coalition, and My Care, My Plan: Speak Up Sonoma County.

Dr. Johanson is a board certified family practice physician with special qualifications in hospice and palliative care medicine. He is a founding member of the American Academy of Hospice and Palliative Medicine (AAHPM). He established himself as a key resource and expert in end-of-life care with his publication of the Clinicians Handbook of Symptom Relief in Palliative Care, a widely distributed practical reference for healthcare providers treating symptoms in patients approaching the end of life.
Compassionate Care Innovator Award
Kate O’Malley, RN, MS, CHPN

It is safe to say that advance care planning and palliative care in California would not be nearly as advanced or of such high quality, and that hundreds of thousands of seriously ill patients and their families would not have the access to the compassionate care that they have today, without the dedication and efforts of Kate O’Malley.

For the past 11 years, Kate has served as a senior program officer with California Health Care Foundation (CHCF) where she manages projects focused on improving care and lowering system costs for high-cost populations, especially toward the end of life. In philanthropy, Kate has integrated her experience in nursing, geriatrics, education and project management to improve palliative care access and end-of-life care in California.

From the very early days of POLST implementation, through the current efforts to launch an electronic POLST registry, Kate has served as one of the POLST program’s most important cheerleaders, facilitators and supporters. Countless important palliative care projects have been initiated and successfully completed due to Kate’s leadership at a state level. She is someone who generates ideas and creates partnerships and alliances, and her inclusive, generous style of leadership has had a lasting impact on the field of palliative care in California.

Some of Kate’s professional highlights include working with World Health Organization experts to develop a nursing curriculum for Kenya, traveling through central California as a mobile health clinic nurse, visiting elders in their homes in San Francisco’s Chinatown, working with national health care teams to spread the On Lok model, and organizing the “Culture Change Caravan” bus tour.

Meet the 2016 class of palliative care e-Patients

Elizabeth Bailey, MA, is a patient advocate and the author of The Patient’s Checklist: 10 Simple Checklists to Keep You Safe, Sane and Organized, which was endorsed by Dr. Atul Gawande and called “a godsend” by The New York Times. @PatientPOV

Cindy Chmielewski is a retired educator and myeloma survivor who is using her passion for education to teach a new group of “students” – myeloma patients and their caregivers. Cynthia is on the advisory board of the Patient Empowerment Network and the Myeloma Crowd. @MyelomaTeacher

MarlaJan DeFusco is the creator and author of the Luck Fupus blog. She lives with lupus, congenital heart disease, several overlapping autoimmune diseases, is a cervical cancer survivor and breast cancer “previvor.” @marlajan

Kathy Kastner’s e-Patient journey was launched in a tweet-chat about hospice and palliative medicine (#HPM). As a layperson – with a history of identifying gaps in patient education – Kathy’s blogging, researching and curating resulted in BestEndings.com – a consumer website dedicated to helping people navigate their medical decisions as life’s end nears. @KathyKastner

Debra Zeldin, mom of three, has been a San Diego county foster parent since 1998. She is an advocate for the children in her care, and has seen firsthand the positive impact palliative care has made in the life of her now 11-year-old daughter, Anna.

Leadership Awards Lunch Celebration
Friday, May 13, 12:15-1:30 p.m.

THE E-PATIENT SCHOLARSHIP PROGRAM WAS FUNDED BY
jwH
JOHN & WAUNA HARMAN FOUNDATION

IGNITE. INSPIRE. INNOVATE. TAKING PALLIATIVE CARE TO THE NEXT LEVEL

CCCCSUMMIT.ORG
Mark your calendar for these upcoming education opportunities

Education is crucial to developing the skills you need to have quality conversations about advance care planning and POLST, and building a diverse understanding of palliative and end-of-life care. Join the Coalition for Compassionate Care of California for these opportunities to expand your knowledge and expertise. Visit CoalitionCCC.org for details and registration.

<table>
<thead>
<tr>
<th>2016</th>
<th>TITLE</th>
<th>LOCATION</th>
<th>MEMBER PRICE</th>
<th>CEUs</th>
<th>CMEs</th>
<th>TYPE</th>
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<tr>
<td>May 31</td>
<td>California End of Life Option Act: When patients talk about death</td>
<td>Sacramento</td>
<td>$199</td>
<td>5</td>
<td>n/a</td>
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<td>June 7</td>
<td>California End of Life Option Act: An overview of the law and approaches to communicating about treatment choices in the setting of life-limiting illness</td>
<td>Online</td>
<td>$49</td>
<td>1</td>
<td>n/a</td>
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<tr>
<td>July 14-15</td>
<td>POLST: It starts with a conversation</td>
<td>San Francisco</td>
<td>$299</td>
<td>11.5</td>
<td>11.5</td>
<td>Training</td>
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collectionccc.org/training

The Coalition for Compassionate Care of California and The California State University Institute for Palliative Care have partnered to develop online, self-paced training designed to help healthcare professionals understand the role and values of POLST and advance care planning.

<table>
<thead>
<tr>
<th>TITLE</th>
<th>PRICE</th>
<th>CEUs</th>
<th>CMEs</th>
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<tr>
<td>Working with POLST for Professionals</td>
<td>$50 (add $25 for CEUs)</td>
<td>2</td>
<td>n/a</td>
<td>Self-paced</td>
</tr>
</tbody>
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This 3-hour online self-paced course is designed to help the healthcare professional understand the role and value of the POLST form, and how to employ it in documenting and honoring patient wishes.

| Effective Advance Care Planning: Skills Building for the Entire Organization | | |
|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| Curriculum includes the following modules: | | | | | | | | | | | | | | | | |
| • Effective Advance Care Planning Fundamentals is designed for everyone who needs to understand and promote advance care planning. | | | | | | | | | | | | | | | | |
| • Facilitating an Advance Care Planning Conversation benefits healthcare providers responsible for facilitating advance care planning conversations. | | | | | | | | | | | | | | | | |
| • Building Engagement with Advance Care Planning explores strategies to engage individuals, communities and organizations as advocates for advance care planning. | | | | | | | | | | | | | | | | |
| • Billing for Advance Care Planning Conversations explores how to accurately bill Medicare for advance care planning discussions through case scenarios. | | | | | | | | | | | | | | | | |
| & | The California State University Institute for Palliative Care | | | | | | | | | | | | | | | | |
| coalitionccc.org/training-events/online-training | | | | | | | | | | | | | | | | |
Continuing Education Information

Full attendance at all education sessions in their entirety is required to receive professional continuing education (CE) credit. All attendees must sign in at the conference and include their professional license number. In order to receive credit, participants must complete an online evaluation survey following the conference. CE certificates will be emailed within six weeks of completing the survey. Certificates of attendance will be available at the end of the conference. CME credits are graciously sponsored by Partnership HealthPlan of California.

<table>
<thead>
<tr>
<th>Category</th>
<th>Details</th>
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<tbody>
<tr>
<td>Nursing</td>
<td>Provider approval by the California Board of Registered Nursing. Provider Number CEP 15403 for 12 contact hours.</td>
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<tr>
<td>Social Work</td>
<td>Provider approved by the California Association of Marriage and Family Therapists, Provider #91987, for 12 contact hours.</td>
</tr>
<tr>
<td>Nursing Home Administrators</td>
<td>Approved by the Nursing Home Administrator program for 12 hours of continuing education credit – NHAP #CEP1735. CCCC is an approved NHAP provider.</td>
</tr>
<tr>
<td>Chaplains</td>
<td>This program may be used for continuing education credit for chaplains certified with the Board of Chaplaincy Certification Inc.</td>
</tr>
<tr>
<td>Physicians</td>
<td>Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.</td>
</tr>
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</table>

Thank you to our continuing education sponsors!

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**CME SPONSOR**
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Summit Map:
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8TH ANNUAL SUMMIT

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OnePoint Patient Care

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ACP Decisions
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CALTMC
Comfort Cub
George Mark Children’s House
LeadingAge California
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Transcend Translations

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